

Walking in Saltwater National Park



Walks in Saltwater National Park

Saltwater Beach and its surrounds are a cultural landscape of great importance to the local Aboriginal Biripi tribe. The area is declared an Aboriginal Place.

There are two main walks:

- **Five Islands Walking Track** crosses Saltwater Gully and wanders through swamp forest and rainforest pockets to get to the streambank of Khappinghat Creek where the 5 islands are located in the channel. 2.4 km return
- **Saltwater Headland walking track** is a short, leisurely stroll that takes you through littoral rainforest to the point of the headland. Excellent views of beaches and Khappinghat Creek and Pacific Ocean can be had from the viewing points along the trail. You may be lucky and see migrating humpback and Brydes whales from May to November.



Become involved

Why not Join the Old Bar Group of Manning Coastcare? Email secretary.manningcoastcare@gmail.com or check out the website <https://www.midcoast2tops.org.au/manning-coastcare>